



July 6, 2025
Dr. Rick Mandl
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How To Slay My Temptations

1. _____ My Temptations

"Search me, O God and know my heart, test me and know my anxious thoughts, point out anything in me that offends you and lead me along the path of everlasting life."

Psalm 139:23-24

2. _____ The _____ Of My Temptations

"But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me."

Romans 7:23

3. _____ The _____ & _____ That _____ My Temptations

"She (Potiphar's wife) kept putting pressure on Joseph day after day, but he refused to sleep with her, and he kept out of her way as much as possible."

Genesis 39:10

Not Every Dragon Can Be Tamed

4. _____ God's _____ From My Temptations

Memory Verse

"The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure."

1 Corinthians 10:13

"Since he himself has gone through suffering and testing, he is able to help us when we are being tested."

Hebrews 2:18

5. _____ On God _____ On My Temptations

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith."

Hebrews 2:1-2

MY NEXT STEP IS TO . . .

- ☐ Accept Jesus as my Lord and Savior for the first time today
- ☐ Memorize 1 Corinthians 10:13
- ☐ Avoid the people and places that tempt me
- ☐ Commit To Attend As Much As Possible The Rest Of The 'At The Movies' Teaching Series
- ☐ Invite a friend to join me next weekend for 'At The Movies'



Invite a friend, family member or
co-worker to join you next week at ERBC!
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How To Slay My Temptations

1. **IDENTIFY** My Temptations

"Search me, O God and know my heart, test me and know my anxious thoughts, point out anything in me that offends you and lead me along the path of everlasting life."

Psalms 139:23-24

2. **RECOGNIZE** The **SOURCE** Of My Temptations

"But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me."

Romans 7:23

3. **AVOID** The **PEOPLE & PLACES** That **FEED** My Temptations

"She (Potiphar's wife) kept putting pressure on Joseph day after day, but he refused to sleep with her, and he kept out of her way as much as possible."

Genesis 39:10

Not Every Dragon Can Be Tamed

4. **TAKE** God's **WAY OUT** From My Temptations

Memory Verse

"The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure."

1 Corinthians 10:13

"Since he himself has gone through suffering and testing, he is able to help us when we are being tested."

Hebrews 2:18

5. **FOCUS** On God **MORE THAN** On My Temptations

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith."

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