



July 8-9, 2017
 Despicable Me 3
*How To Stop Comparing
 Myself To Others*
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“When they grew up, Abel became a shepherd, while Cain cultivated the ground. When it was time for the harvest, Cain presented some of his crops as a gift to the Lord. Abel also brought a gift—the best portions of the firstborn lambs from his flock. The Lord accepted Abel and his gift, but he did not accept Cain and his gift. This made Cain very angry, and he looked dejected. ‘Why are you so angry?’ the Lord asked Cain. ‘Why do you look so dejected? You will be accepted if you do what is right. But if you refuse to do what is right, then watch out! Sin is crouching at the door, eager to control you. But you must subdue it and be its master.’ One day Cain suggested to his brother, ‘Let’s go out into the fields.’ And while they were in the field, Cain attacked his brother, Abel, and killed him. Afterward the Lord asked Cain, ‘Where is your brother? Where is Abel?’ ‘I don’t know,’ Cain responded. ‘Am I

my brother’s guardian?’
 Genesis 4:2-9

Three Lies We Believe About Jealousy

1. What I _____ is what _____
2. My _____ is _____
3. All I _____ is _____

How To Overcome Jealousy

1. _____ my _____ and
 _____ to _____
2. _____ God for _____
 and for _____
3. Stop _____
 and find _____

Memory Verse

“A peaceful heart leads to a healthy body;
 jealousy is like cancer in the bones.”
 Proverbs 14:30

Join us next weekend as we look at “*Spiderman: Unleashing My Gifts*”

MY NEXT STEP IS TO. . .

- Memorize Proverbs 14:30
- Admit my tendency to be jealous of what other people have and I don’t
- Ask God to help me to stop comparing myself to others and find my identity in Christ.
- Invite a friend to *At The Movies* at ERBC next weekend



Be sure and invite a friend, family member or
 co-worker to join you next week at ERBC!
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