



Memory Verse

“Do everything without complaining and arguing...”
Philippians 2:14-15

Why Is Complaining So Dangerous?

- It _____ the _____ of God

“Soon the people began to complain about their hardship, and the Lord heard everything they said. Then the Lord’s anger blazed against them.”
Numbers 11:1

- It can _____ us of _____

“How long must I put up with this wicked community and its complaints about me? Yes, I have heard the complaints the Israelites are making against me. Now tell them this: ‘As surely as I live . . . You will not enter and occupy the land I swore to give you.’”
Numbers 14:27-28, 30

How Can I Develop An Attitude Of Gratitude?

1. I’ll remember that every _____
I have comes _____

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”
James 1:17

THE CURE FOR COMPLAINING

2. I will not let _____ I _____
blind me to _____ I _____

“Enjoy what you have rather than desiring what you don't have. Just dreaming about nice things is meaningless—like chasing the wind.”
Ecclesiastes 6:9

3. I’ll turn every _____ I have into _____

“What do you have that God hasn't given you? And if everything you have is from God, why boast as though it were not a gift?”
1 Corinthians 4:7

MY NEXT STEP TODAY IS TO . . .

- Memorize Philippians 2:14
- Take an inventory of the things for which I’m thankful
- Accept the “1 Week No Complaints Challenge”
- Make the commitment to be with us each week of the Stay Positive teaching series

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