

“Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.”
James 1:26

The _____ we use _____ to the
kind of _____ we have

“Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly.² We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal.⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go.⁵ Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark.⁶ The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one’s life on fire, and is itself set on fire by hell.⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind,⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison.⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness.¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.¹¹ Can both fresh water and salt water flow from the same spring?¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.”
James 3:1-12

Words have the _____ to _____
our _____

Words have the _____ to _____

MANAGING MY MOUTH

Tips for Taming the Tongue

1. _____ my _____
“You brood of vipers, how can you who are evil say anything good? For the mouth speaks what the heart is full of.”
Matthew 12:34
2. _____ that I have a _____
with my _____
3. _____ God for _____
“Set a guard over my mouth, LORD; keep watch over the door of my lips.”
Psalm 141:3
4. _____ to using my words to _____ and not

Memory Verse

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”
Ephesians 4:29

MY NEXT STEP IS TO . . .

- Place my trust in Jesus Christ today for the first time
- Memorize Ephesians 4:29
- Ask God to help me to tame my tongue
- Commit to using my words for blessing not cursing

