



May 31, 2026
Dr. Rick Mandl
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3. A _____ Conscience Can Lead To _____

v. 23-28

God's Goal Is Not _____ But _____

Conviction Becomes _____
When It Leads To _____

Genesis 42:1-28

1. A _____ Conscience Cannot Be _____ v. 1-5

Your Conscience Shouldn't Be Your Guide Because. . .

It Doesn't Tell You When You're
Violating _____

It Only Tells You When You're
Breaking _____

2. A _____ Conscience Begins To _____ v. 6-22

There Is A Difference Between Condemnation & Conviction

Condemnation Comes From _____
Conviction Comes From _____

When Your Conscience Says "Ouch"

Memory Verse

"Be kind to one another, tenderhearted, forgiving one another,
as God in Christ forgave you."
Ephesians 4:32

MY NEXT STEP IS TO. . .

- Trust Jesus and begin to follow Him as my Lord and Savior for the first time today
- Memorize Ephesians 4:32
- Thank God for His convicting ministry and confess your sin to Him
- Move a move toward making one relationship right:
- Have a conversation - Offer an apology - Extend Forgiveness



Invite a friend, family member or
co-worker to join you next week at ERBC!
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3. A **Tender** Conscience Can Lead To **Transformation** v. 23-28

God's Goal Is Not **Humiliation** But **Restoration**

Conviction Becomes **Healing**

When It Leads To **Repentance**

Genesis 42:1-28

1. A **Guilty** Conscience Cannot Be **Escaped** v. 1-5

Your Conscience Shouldn't Be Your Guide Because. . .

It Doesn't Tell You When You're
Violating **God's Standard's**

It Only Tells You When You're
Breaking **Your Own**

2. A **Convicted** Conscience Begins To **Speak** v. 6-22

There Is A Difference Between Condemnation & Conviction

Condemnation Comes From **Satan**
Conviction Comes From **God**

When Your Conscience Says "Ouch"

Memory Verse

"Be kind to one another, tenderhearted, forgiving one another,
as God in Christ forgave you."
Ephesians 4:32

MY NEXT STEP IS TO. . .

- Trust Jesus and begin to follow Him as my Lord and Savior for the first time today
- Memorize Ephesians 4:32
- Thank God for His convicting ministry and confess your sin to Him
- Move a move toward making one relationship right:
 - Have a conversation - Offer an apology - Extend Forgiveness



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Discussion Questions - Week #7

LIFEGROUPS

QUICK REVIEW

Thinking back to the weekend sermon, “When Your Conscience Says ‘Ouch,’” summarize the main point in a sentence or two.

Was there anything you heard for the first time, or that caught your attention, challenged you, or confused you?

Do you plan to take any practical steps this week in response to the message?

GETTING STARTED

Have you ever ignored a warning sign about something and later wished you had paid attention sooner?

Why do you think messages like “follow your heart” or “trust yourself” are so appealing in our culture?

DIGGING DEEPER

1. In the weekend message, Pastor Rick reminded us that God's goal in conviction is not humiliation, but restoration. In Psalm 32, David describes both the crushing weight of hidden sin and the freedom that is made possible through confession.

Read Psalm 32:1–11.

What are the different ways that David describes the effects of unconfessed sin?

Why do you think people often try to hide, minimize, or justify sin instead of bringing it honestly before God?

Verse 3 describes David “keeping silent,” while verse 5 describes him finally confessing his sin to God. What changed between those two moments?

Pastor Rick reminded us that conviction becomes healing when it leads to repentance. Why is it often easier to hide sin in isolation than to bring it into the light of trusting Christian community?

At the cross, Jesus bore the condemnation and shame our sin deserves so that we no longer have to hide from God in fear. How does the cross change the way we think about confession, repentance, and bringing our sin into the light?

What do you think God may be inviting you to confess, surrender, or bring into the light this week?

2. One of the dangers of relying on our conscience alone is that our hearts can slowly become hardened or deceived. Scripture reminds us that God's Word does more than inform us. It exposes, corrects, and reshapes us.

Read Hebrews 4:12–13 & Psalm 119:9–16, 105

According to these passages, what does God's Word do in a person's life?

Why do people often trust their feelings more than Scripture?

Hebrews says that God's Word “judges the thoughts and attitudes of the heart.” Why can that feel both uncomfortable and necessary?

Pastor Rick reminded us that our conscience should not ultimately be our guide. How does Scripture help shape and calibrate our conscience?

Psalm 119 repeatedly connects God's Word with guidance, protection, and delight. What practices can help keep God's truth in front of you throughout the week?

What would it look like this week to allow God's Word rather than your emotions or impulses to shape your decisions?

FOR PRACTICE

Confession is one of the ways God keeps our hearts tender and restores our relationship with Him. This week, set aside a few quiet minutes to honestly confess any sin or area of conviction God brings to mind. Rather than hiding it or minimizing it, bring it openly before Him and receive His grace and forgiveness through Christ.

SHARE IT

Is there anything you heard or learned in the weekend message or Life Group this week that you want to share with someone you know?

PRAYER REQUESTS

Conflict in the Middle East continues to bring suffering and uncertainty to millions of people across the region. Pray for peace, for wisdom for leaders, and for protection and provision for civilians caught in the conflict. Ask God to strengthen local churches and Christian workers as they care for those who are hurting and share the hope of Christ.