



June 14, 2026
Dr. Rick Mandl
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3. A Changed Heart Demonstrates _____ v. 18-34

Judah's Willingness To Become A _____
Points Us To _____

Genesis 44

1. God Sometimes Allows Us To Be _____ v. 1-13

This Test Was Never About Benjamin's _____
It Was About The Brothers' _____

You Cannot Always Choose Your _____
But You Can Choose Your _____

2. Genuine Repentance Produces _____ v. 14-17

Repentance Is More Than _____
It Is _____

The Strongest Evidence Of Repentance Is Not _____
But _____

The Moment Of Truth

A _____ Life Is Marked By
_____ For Others

MY NEXT STEP IS TO . . .

- Trust Jesus and begin to follow Him as my Lord and Savior for the first time today
- Identify a current test and ask "Lord, what are you trying to teach me through this?"
- Confess one area where I need genuine repentance not just regret
- Take one sacrificial action for someone else this week
- Seek reconciliation where a relationship has been strained or broken



Invite a friend, family member or
co-worker to join you next week at ERBC!
www.EAGLEROCKBAPTIST.com



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3. A Changed Heart Demonstrates Transformation

v. 18-34

Judah's Willingness To Become A SUBSTITUTE
Points Us To JESUS

Genesis 44

1. God Sometimes Allows Us To Be TESTED

v. 1-13

This Test Was Never About Benjamin's GUILT
It Was About The Brothers' CHARACTER

You Cannot Always Choose Your TEST
But You Can Choose Your RESPONSE

2. Genuine Repentance Produces CHANGE

v. 14-17

Repentance Is More Than FEELING SORRY
It Is BECOMING DIFFERENT

The Strongest Evidence Of Repentance Is Not
WORDS But CHANGED BEHAVIOR

The Moment Of Truth

A TRANSFORMED Life Is Marked By
SACRIFICIAL LOVE For Others

MY NEXT STEP IS TO . . .

- Trust Jesus and begin to follow Him as my Lord and Savior for the first time today
- Identify a current test and ask "Lord, what are you trying to teach me through this?"
- Confess one area where I need genuine repentance not just regret
- Take one sacrificial action for someone else this week
- Seek reconciliation where a relationship has been strained or broken



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Discussion Questions - Week #9

LIFEGROUPS

QUICK REVIEW

Thinking back to the weekend sermon, "The Moment of Truth," summarize the main point in a sentence or two.

Was there anything you heard for the first time or that caught your attention, challenged, or confused you?

Do you plan on taking any practical steps this week in response to the message?

GETTING STARTED

This is our last meeting before our summer break from Life Groups. What was your favorite thing about summertime as a kid?

What is one thing you are looking forward to between now and the return to Life Groups in September?

When trying to determine whether someone has truly changed, what kinds of things do you look for?

DIGGING DEEPER

1. One of the clearest signs of genuine repentance is not merely feeling conviction over sin, but allowing God to transform the way we think, speak, and live. In Ephesians 4, Paul describes repentance not simply as turning away from our old way of life, but putting on a new way of life that reflects the character of Christ.

Read Ephesians 4:17-32.

As you read this passage, what contrasts do you notice between the "old self" and the "new self"?

According to Paul, how are a person's heart, thinking, desires, and actions connected? Why is lasting transformation about more than simply changing our behavior?

Paul does not merely tell believers what to stop doing; he also tells them what to begin doing instead. Why is that distinction important for genuine repentance and transformation?

Looking at your own life, where have you seen God helping you "put off" old patterns and "put on" new ones as you follow Christ?

Many of Paul's instructions concern the way believers treat one another. What does this passage teach us about the kind of community God intends the church to be, and how might that community serve as a witness to the world?

How is God inviting me to demonstrate a changed heart through my actions today?

2. In Genesis 44, Judah's willingness to take Benjamin's place reveals a transformed heart. In Philippians 2, Paul points us to the greater Substitute, Jesus Christ, whose humility and sacrificial love provide both the model and the motivation for our own.

Read Philippians 2:1-11.

What stands out to you about Jesus' attitude and actions in this passage?

Judah was willing to sacrifice himself for Benjamin. In what ways does Judah's action point forward to the greater sacrifice of Jesus?

How does Christ's example in this passage contrast with the values our culture seems to celebrate?

What aspects of Jesus' example in this passage are believers called not merely to admire, but to imitate?

Paul calls believers to "have the same mindset as Christ Jesus" (v. 5). What makes that difficult? What makes it possible?

How can I put the interests of someone else ahead of my own today?

For Practice

As this is the last Life Group meeting of the Spring quarter, take some time this week to reflect on which spiritual practices have been particularly formative over the past few months and which you would like to carry forward, or perhaps initiate, in the coming season. This is also a great opportunity to embrace the spiritual practice of celebration as you thank God for His faithfulness in your life over the last several months and beyond.

SHARE IT

Is there anything you heard or learned in the weekend message or Life Group this week that you want to share with someone you know?

PRAYER REQUESTS

Please pray for boldness for those in our church family who are extending invitations to our At the Movies sermon series this summer. Pray also for receptive hearts among those who receive these invitations, that they would join us and respond positively to the message of the gospel.