



July 26, 2026
Dr. Rick Mandl
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How Do I Find Freedom From My Past?

1. For Freedom From My Past _____

Offer _____ To Others

"Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."
Colossians 3:13

"Never pay back evil with more evil. . . Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, 'I will take revenge; I will pay them back,' says the Lord."
Romans 12:17,19

2. For Freedom From My Past _____

Ask _____ From Others

"So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God."
Matthew 5:23-24

"If it is possible, as far as it depends on you,
live at peace with everyone."
Romans 12:18

Finding Freedom From My Past

3. For Freedom From My Past _____

Ask _____ From God

"Come now, let's settle this, says the Lord. Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool."
Isaiah 1:18

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
1 John 1:9

Memory Verse

"If it is possible, as far as it depends on you,
live at peace with everyone."
Romans 12:18

MY NEXT STEP IS TO . . .

- ☐ Trust Jesus and begin to follow Him as my Lord and Savior for the first time today
- ☐ Memorize Romans 12:18
- ☐ Ask God to help me to forgive those who have hurt me in the past
- ☐ Pursue peace where peace is possible in a relationship that has been strained or broken



Invite a friend, family member or
co-worker to join you next week at ERBC!
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How Do I Find Freedom From My Past?

1. For Freedom From My Past Hurts

Offer Forgiveness To Others

“Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.”

Colossians 3:13

“Never pay back evil with more evil. . . Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, ‘I will take revenge; I will pay them back,’ says the Lord.”

Romans 12:17,19

2. For Freedom From My Past Offenses

Ask Forgiveness From Others

“So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person.

Then come and offer your sacrifice to God.”

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Romans 12:18

Finding Freedom From My Past

3. For Freedom From My Past Sins

Ask Forgiveness From God

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